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# Mental Health Concepts



## Synopsis

This resource provides a comprehensive introduction to mental health. Now in its fourth edition, *Mental Health Concepts* includes in-depth information on basic concepts such as stress, anxiety, psychotherapies, geriatrics, alcoholism and drug dependency. It also includes revised and updated information on alcoholism, drug dependency, maladaptive behaviors, violence and sexuality. ALSO AVAILABLE -INSTRUCTOR SUPPLEMENTS CALL CUSTOMER SUPPORT TO ORDER Instructor's Manual ISBN: 0-8273-8219-7

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Chapter 1: History, Trends, and Standards. Chapter 2: Stress and Mental Health. Chapter 3: Understanding Self and Others. Chapter 4: Relieving Anxiety. Chapter 5: Psychotherapies. Chapter 6: Group Process. Chapter 7: Effective Communication. Chapter 8: Emotional Aspects. Chapter 9: Geriatric Mental Health. Chapter 10: Alcoholism. Chapter 11: Drug Dependency. Chapter 12: Maladaptive Behaviors. Chapter 13: Violence and Disturbed Behaviors. Chapter 14: Human Sexuality. Chapter 15: Grieving and Pain. Chapter 16: Facilitating Mental Health and Reentry into the Community. Appendix A: American Nurses' Association Standards of Psychiatric-Mental Health Nursing Practice. Appendix B: NANDA Nursing Diagnoses Related to Mental Health (2001-2002). Appendix C: DSM-IV-TR Classification. Glossary. Bibliography. Index --This text refers to an out of print or unavailable edition of this title.

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